## The

The Otis Notice is an unofficial newspaper published monthly in the interest of personnel at the Joint Base Cape Cod. It is published by the Lujean Printing Company, Inc., a private firm in no way connected with the Departments of Defense or Homeland Security. Opinions expressed by the publisher and writers are their own and are not to be considered an official expression by the Departments of Defense or Homeland Security, or the U.S. Government. The appearance of advertisements, including supplements or inserts, in this publication does not constitute an endorsement by the Departments of Defense or Homeland Security of the products or services advertised.

**JOINT BASE CAPE COD 02542** VOLUME 43 NO. 4 **APRIL 2021** 



Courtesy of the 102nd Intelligence Website



Courtesy of the 102nd Intelligence Facebook

Service Members took part in a blood drive for the American Red Cross on Joint Base Cape Cod, Massachusetts, March 17, 2021. The American Red Cross technicians took special precautions to make sure that donating blood was a safe experience for those at the blood drive by sanitizing, mask wearing and social distancing. In addition, the Red Cross also tests donations for infectious diseases to make sure it is safe to be used for future transfusions.



Certified U.S. Military on the Move Specialist Earn cash back when you

buy or sell a home

Sarah J. Harrington sharrington@kinlingrover.com 508.648.0778



## \$250 REWARD

Airman Jerry Carroll won 2nd Place in THE AIR FORCE SHORT STORY CONTEST at Otis AFB in 1962 (Probably in the Fall). His picture of being handed his \$15 prize by Colonel T.E. Harwell and Ms. Sheehan (Otis Librarian) were in The Otis Notice, his copy was lost in a fire. Now that he is ready to begin a career in writing, this picture and copy would be helpful from an old 1962 Otis Notice. Jerry Carroll 334 480 4072

Promote your group or activity send your stories & photos to L.printing@comcast.net

SUDOKU									
American Standard 150 YEARS OF EXCELLENCE ENJOYING A NEW SHOWER IS EASIER THAN YOU THINK FREE IN-HOME									
	PERSON CONSULTATION CALL TODAY  "Other aid only with auditor, into or are framework that is not in the real transportation of the								
newshowerdeal.com/state   877-514-4075									
		3		9		2			
					8		1		
				2		4	9	7	
	3			4	2				
2			3		7			4	
			9	6			8		
1	6	4		7					
	2		8						
		8		3		7			

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9. answer on page 4

THE OTIS NOTICE

VOLUME 43 NO. 4

April, 2021

Address all advertising inquiries to:

THE OTIS NOTICE P.O. Box 571 Osterville, MA 02655 Phone (508) 428-8900 Email: L.printing@comcast.net Phone (508) 428-8700

Published by: Lujean Printing Co., Inc. 4507 Route 28 Cotuit, MA 02635

Michael Paul Lally ......Publisher Gerry Lynn Galati......Graphics Manager Michael Camire.....Sports Editor

The Otis Notice is published monthly for the Joint Base Cape Cod and the Combined Commands.

**DEADLINE** for the next issue of The Otis Notice is Thursday, April 29, 2021. The publish date for the next issue of The Otis Notice is Thursday, May 6, 2021. News copy may be mailed to P.O. Box 571, Osterville, MA 02655, faxed to 508-428-8524 or e-mailed (Word, PDFs or within message) to L.printing@comcast.net For information about display ads, call 508-428-8900.



#### Commander's Column

Lt Col Timothy "Skip" Sheehan Commander, 6th Space Warning Squadron

#### Wait... Space Force is real?

On November 3rd, I resigned my commission and officially ended my 16-year career in the United States Air Force. It was not a difficult decision, but felt a little weird signing the paperwork. That same day, I once again rose my right hand and swore to protect and defend the Constitution of the United States of America but this time is was as a Lieutenant Colonel in the United States Space Force.

When I'm in uniform off base, I get stopped all the time. "Wait... what does that say?" as they make a doubletake at the blue words on my uniform and I often get something like, "Woah! You're the first Space Force person I've seen!" or "I didn't realize that was actually a thing." Yes, it is actually a thing and it's a pretty cool thing if I say so myself.

Many have wondered if we really needed to stand up the DoD's first new service since the United States Air Force was formed in 1947. Clearly I am biased, but let's look at the history of the Air Force. Through the growth of the Army Air Corps, many Airmen advocated for a separate branch dedicated to the air domain. Aviation was becoming more critical to our national defense and few were more vocal in support of a separate service than Billy Mitchell.

Mitchell made more enemies than friends as he fought for airpower eventually resulting in his court-martial as a Brigadier General. After resigning his commission and retiring in 1926, he continued to advocate for airpower to

receive the support and attention it deserved. It took World War II for us to realize how necessary it was for the USAF to be a separate service, but, unfortunately, Mitchell passed away in 1936 before he could see his dream realized.

Today, many may not see the need for a separate service dedicated to the space domain, but did we need a court martial and/or a war to realize we were too late to focus our resources on ensuring we are able to protect our space assets? I'm glad we didn't have to get to a moment where everyone wished we had a Space Force when we

Supporting the Space Force mission at Cape Cod Air Force Station, we were fortunate to have help from Senior Airman Matthew Chuong from the 101st Intelligence Squadron. SrA Chuong did not know much about space beyond what was taught in tech school, but as he worked with my operators to get the information they needed to do the job, his eyes were opened. Before he went back to 102 Intelligence Wing, he told me, "Now I know why we needed the Space Force." A lot of what he learned is classified, so I clearly can't mention it here. But if you knew, you'd understand too. For now, I hope everyone sleeps well at night knowing the Guardians and Airmen operating and protecting Cape Cod's own PAVE PAWS radar will always be "ever aware."

#### TRAINING AT JOINT BASE CAPE COD



Students of the TC3 Sustainment Course, a 24 hour course for combat medics, learn about airway management and wound care using chicken thighs and pork ribs at the Regional Training Institute, Joint Base Cape Cod, Mass, March 16, 2021 through March 18, 2021. The combat medic students were instructed on chest tube insertion to correct hemothorax or pneumothorax with a creative and realistic training







Staff Sgt. David Bravo-Martinez guides Combat Medic students through the proper steps for using the Eldoncard Blood Typing Kits at the 101st Regiment (RTI), March 3, 2021. This fast easy-to-use blood typing kit contains everything required to determine blood group and Rh-Factor using a whole blood sample obtained from a finger prick. Massachusetts National Guard photos

by Sgt. 1st Class Dawn

#### **VETERANS SPOTLIGHT**

#### 2nd Class Petty Officer Scoba Rhodes, US Navy

by Wayne Soares waynesoares1@gmail.com

It is an extreme pleasure to present this week's Veteran's Spotlight feature. He is not only one of my oldest friends, but one of the kindest and classiest individuals you will ever meet. Scoba Rhodes Jr. served his country in the United States Navy from 1988 - 1994 as a 2nd Class Petty Officer. A graduate of Falmouth High School in 1983, he graduated from Bowdoin and entered the Navy after college. Petty Officer Rhodes did his basic training at the Naval Training Center in Orlando, Fl. He then entered the Naval Nuclear Power Program for two years of intense school. "I distinctly remember my instructor telling us that the Navy was going to teach us in two years what regular colleges taught in four" he continued, "I spent 3-4 hours in the library every night getting my homework done....my C.O (Commanding Officer) told us that even if we flunked out of the NPP, that they still own us and we're going in the Navy.....remember, walking through the nuclear sub, knowing how it works....my final written and oral exam was extremely difficult....remember graduation and saying 'WOW, I did this'.....I can still tell people how a nuclear reactor works" he said with pride.

In 1990, Petty Officer Rhodes received orders to go to San Diego and was assigned to the nuclear cruiser USS Long Beach. "You have to know how a nuclear reactor runs on a ship or sub....if the reactor goes down, can you still run the ship....if you don't, you're in trouble" he said. In November of 1990, he deployed to the Middle East for Desert Storm (he would remain there until June 1991). His feelings? "I was a bit nervous.....but I had a lot of support....lots of my uncles were in WWII in the Navy and my parents were in the Air Force during Vietnam.....I was apprehensive, but I trained for it" he remembered. While stationed at Clark Air Force base in the Philippines there was a massive eruption of Mount Pinatubo. 'Our Captain told us to figure it out.....people need to be evacuated..... get it done" he recalled. One might think that an evacuation of this nature would be easy, but certainly not on a nuclear cruiser. "You have to rise to the needs of the movement.... most ships have to cool themselves with ocean water..... now that water is full of volcanic ash....makes it quite difficult.....half our ship ran at half speed....I was up for (36) hours straight" Petty Officer Rhodes remembered. For the record, his ship evacuated 1,200 civilians and

**HEALTHY LIVING** 

season and the ongoing pandemic.

plants. With its antiviral, antibacterial

and antifungal properties, it's been used

as a natural remedy for centuries. Here's

a bit more about what propolis is and

know that propolis needs to be extracted

through a complex method to consume.

Consider incorporating a product such

• Consume propolis: It's important to

how to maximize its benefits.

**During Rough Times** 

**Natural Superfoods to Boost Immunity** 

(StatePoint) A strong immune system can help you stay

To strengthen your immunity this winter and beyond,

healthy, which is especially important during cold and flu

consider relying on the unique benefits of propolis, a natural

bee product collected from the buds, leaves and stems of



Petty Officer Rhodes was awarded the Bronze Star. He also offered this very powerful comment; "It's almost impossible now to meet a veteran that doesn't have wartime experience....if the people that declared war were the same ones to fight it, we wouldn't have wars."

When asked about the holidays and being deployed, Petty Officer Rhodes offered this; "when you go into a war, you can't lose sight of the things you're fighting for – like Christmas.....you celebrate the 'spirit' of Christmas..... no Macy's...no parades....vou have a meal with your fellow sailors, shake hands and wish each other a Merry Christmas....it means more, when you're in that type of atmosphere" he recalled. When asked about a mentor, Petty Officer Rhodes said without hesitation, "Senior Chief Frank Hudson. He was a black man that reached one of the highest of ranks as an enlisted man...he showed me it was possible, because he did it.....he taught me the quality of work you do, is not a reflection of how smart you are, it's a reflection of what you expect of yourself."

1992-1993 the USS Long Beach performed counter drug task work in the Persian Gulf and made its final voyage in 1994, after which, it was decommissioned. Thoughts on his service? "You really don't see the benefits until after... .I think I did a pretty damn good job....you're either going to be the person that steps up or says, 'come rescue me'. He is married to his wife of 11 years, Sonia and is a Financial Advisor. 2nd Class Petty Officer Rhodes, thank you for your service to our great country.

#### Samancı suggests taking it with you wherever you go. For an antioxidant-rich, detoxifying and multi-effect snack, consider this quick delicious recipe: mix 1 tablespoon apple cider vinegar, raw honey, 1 teaspoon cinnamon, 1 teaspoon ginger, 1 teaspoon turmeric and 10 drops of propolis into yogurt. These ingredients, when taken together, have a synergistic effect. Plus, ginger, apple cider vinegar and turmeric are good sources of vitamin C. Or, carry BEE&YOU On-The-Go Immune Support & On-The-Go Detox packs in your bag, which combine the above

ingredients.

• Use it as a natural remedy: Even with strong immunity, it can be easy to pick up a bug that gives you a sore throat, particularly during cold and flu season. Propolis is like a natural barrier for your throat against viruses and bacteria. For fast recovery and relief, keep BEE&YOU Propolis Raw Honey Throat Spray on-hand, which provides antiviral and antibacterial activity to protect

and soothe sore throat while boosting immunity, and can also be used to relieve allergy symptoms.

• Add superfoods in your diet: "We are what we eat. 50% of our health is related to our diet," says Dr. Aslı Samancı.

It's very important to have a balanced diet with enough vitamins, minerals, antioxidants, amino acids, proteins, fiber, enzymes, lipids, and carbohydrates daily. Include natural superfoods like artichokes, onions, broccoli, quinoa, kale, black garlic, berries, propolis, royal jelly, pollen and raw honey. These superfoods are rich in essential amino acids, vitamins (A, D, E, K, C and B groups), and minerals like zinc, magnesium, selenium, iron and calcium, plus they have antioxidant effects.

100% natural BEE&YOU superfoods are traditionallysourced, organic and fair trade. With every purchase, the company gives back to support sustainable beekeeping. To support your immune system naturally and for wellness advice visit beeandyou.com. You can also receive a 25% discount using the code: BNY25.

Immunity-boosting natural products have become more important than ever. Be sure to include superfoods in your diet to maintain optimal wellness and health during these rough times



for American Flags. They're 12" x 18" and have been flown at the Bourne National Cemetery in the Flags for Vets program. We have purchased new replacement flags and need to get rid of approximately 22-23 thousand. You can have a hundred or thousands if you like. The flags are stored in Pocasset, Ma. You can contact Chris for flags at: ChrisChiocca@yahoo.com



#COVID19

#### **ATTENTION**

#### **ALL PERSONNEL and DRIVERS:**

Access to the MMR is restricted. Personnel with valid ID card access to the MMR are vouching for the integrity of their guests and therefore are responsible for the actions and conduct of all guests. Failure to properly escort your passengers and guests may result in a loss of base driving and/or other privileges as granted by the MMR installation commanders



#### 508.291.0005 **OUTDOOR FUN HEADQUARTERS!**

- ☆ Military B.D.U's & **Combat Boots**
- ☆ Army/Navy Surplus
- ☆ Camouflage
- **Netting & Clothing**
- ☆ Camping Equipment
- ☆ Outdoor Supplies
- ☆ Paintball and Airsoft Guns
- ☆ Waders & Muck Boots
- ∱ PFD's ☆ Kayaks & Accessories
- 10% off Military Item with Military ID

visit us online at: www.bananasinc.com



#### **Lujean Printing** Co., Inc.

4507 Route 28 Cotuit MA 02635

508-428-8700 Fax 508-428-8524

**Newspapers** Newsletters **Brochures Business Cards** Letterhead **Envelopes** Flyers . Forms Copying **Banners** Yard Signs Plans Copied and more

#### uses a patented and awarded extraction technology. This particular extract has three times more antioxidant and antibacterial activity than the highest-grade Manuka honey and has 80 times more antioxidant than pomegranate juice. Compared to similar products, BEE&YOU Water Soluble Propolis 15% Extract has a minimum three times more phenolics and flavonoids. It has a natural taste and is free of drugs, pesticides, GMOs, gluten, alcohol, artificial flavorings and colors, and sweeteners, making it convenient for any diet. Simply add 20 drops to your favorite drink daily. Or, for a chewable option, try the brand's Royal Jelly

as BEE&YOU Water Soluble Propolis 15% Extract, which

immunity and energy, support cognitive, cardiovascular and digestive health. "Though it's the strongest natural antioxidant, many people are unfamiliar with propolis. However, adding this superfood into your daily routine can help you stay healthy year-around," says Dr. Aslı Samancı, a food scientist and the founder of BEE&YOU, who developed an award-winning

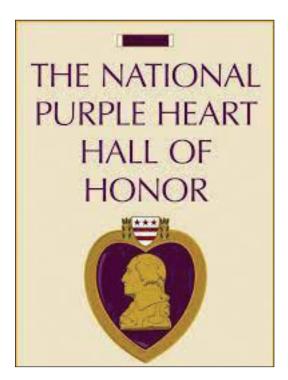
Bee Pollen Propolis Tablets, which in addition to boosting

son's autoimmune illness.

• Take propolis wherever you go: Propolis is such a strong antiviral and antibacterial bee product that Dr. Aslı

extraction technology for propolis to cure her 5-year-old





#### National Purple Heart Hall of Honor Seeks Award Recipients for Its Roll of Honor – They Need Your Help!

Story & photos by: Janet Sheehan

Set on a hill on the grounds of the New Windsor Cantonment, the Continental Army's last encampment at the end of the American Revolution just north of West Point in New York's scenic mid-Hudson Valley, is a wonderful museum dedicated entirely to the Purple Heart. It's location here pays homage to the Temple Hill Day ceremony which took place May 28, 1932. On that date, 136 veterans of World War I were awarded their Purple Hearts on these grounds.

The National Purple Heart Hall of Honor is a New York State facility which serves as a sort of "headquarters" for recipients of the prestigious award as well a place that offers visitors an incredible journey through military history and the cost of freedom. It is dedicated to commemorating the sacrifices of the estimated 1.8 million recipients of the Purple Heart Award.

Surprisingly, no list of Purple Heart recipients has ever been maintained by the Federal Government. Although the information is found on the record of the individual, or in copies of General Orders, this information has never been extracted to generate a list of all recipients. In an effort to remedy that, the folks at the National Purple Heart Hall

#### Puzzle Solutions

6	7	3	1	9	4	2	5	8
4	9	2	7	5	8	6	1	3
5	8	1	6	2	3	4	9	7
8	3	6	5	4	2	1	7	9
2	1	9	3	8	7	5	6	4
7	4	5	9	6	1	3	8	2
1	6	4	2	7	9	8	3	5
3	2	7	8	1	5	9	4	6
9	5	8	4	3	6	7	2	1





**Private Raymond P. Rogers** 

of Honor have made it their mission to "Collect, preserve and share the stories of Purple Heart recipients from all branches of service and across all conflicts for which the award has been available."

If you are a recipient or know someone who is a recipient, please consider completing an enrollment form for inclusion in the Roll of Honor. Enrollment forms can be found at www.thepurpleheart.com or you may call the Hall of Honor at 845-561-1765 to request that an enrollment form be mailed to you.

The Roll of Honor is a database of Purple Heart recipients representing all wars for which the award has been available. The list grows daily, and the enrollments represent all 50 states, Puerto Rico, Guam, the District of Columbia, and the Philippines. All enrollments are done voluntarily and are made by the recipients, their families, or friends.

The Roll of Honor and recipients' profiles (with photos and narratives) is also on the website along with information on the history the Hall of Honor, history of the Purple Heart, exhibit photos and more.

Sample Recipient Profile

Private Raymond P. Rogers, 51st Company, 5th Marines, 4th Marine Brigade, 2nd Infantry Division

Raymond P. Rogers of Newburgh N.Y. of the 136 was one of the World War I veterans who received his Purple Heart on "Temple Hill Day" May 28, 1932.

He was unique among those recipients as he was the sole Marine there. At that time, the Purple Heart was seen as an Army award. Although a Marine, Private Rogers' unit served under the command of the U.S. Army's 2nd Infantry Division, permitting his eligibility for the Purple Heart. His 2nd Infantry Division patch is seen on his shoulder in his photograph.

He was severely injured July 18, 1918 during the Battle of Soissons in France.







**FALMOUTH** 



Former 102 SFS member Brian Nascarella served with the 102nd for over 10 years, and is now looking to serve in a different way. Come into Falmouth Toyota on MacArthur Blvd. in Bourne and ask Brian about the Military rebates. Feel free to call or e-mail Brian at (508)759-1900 x119, or nascar@falmouthtoyota.com

290 MacArthur Blvd., Bourne, MA 02532 www.falmouthtoyota.com

#### **NOTHING LIKE A TASTY SPRING ROLL**

#### The Base Cape Cod Spring Bowling League Swings into action

Story & photos by: Mike Camire

After wrapping up an epic (year-long "season" due to the virus) just a few weeks ago, the Base Cape Cod Bowling League jumped back on the lanes and action on March 24th. For the Spring League there will be 5 teams battling it out to capture the top trophy and to claim league supremacy. The reigning champs, the Masked Crusaders will again be led by top bowlers Jimbo "Gotta be the Shoes" Mayou and Tom "Turkey" Barnes, who both are in the hunt for top average in the league. Rounding out the Crusaders are Cliff "Jägermeister" Jaeger and Mike "Coach" Camire. The Fireballers finished the last regular season in first place, but were just edged out in the playoff finals by a mere 17 pins by the Crusaders. The Fireballers will be on a mission to retake their spot as the top team. They will be led by the stellar bowling of Walt "The Chief" Stecchi and his son Nick "The Hammer". Both are coming off strong seasons and "The Chief" is always one of the top three bowlers in the league. They will be joined by Donny Thompson who will no doubt knock 'em down too. The Wolf Pack are also back. The Pack are led by Chuck "Alpha Dog" Williams and Don "Dynamite" Dwyer. Both have put up some impressive games and they also have Terry "Downtown" Brown to support the cause. But wait, there's more. They have an emerging star in Ethan "The Bulldog" Crabtree who came up big in the playoffs and had one of the highest averages in the post season. The Wolf Pack captured 3rd place and are looking to move up in the rankings in 2021. The Pinheads are also back and this zany group of fun loving bowlers are a joy to bowl against. But they are no pushovers, led by Joe "Strikes" Maher: Joe brings it each and every night, as does Zack "Fireball" Foley, Mike "Trips" O'Brien and team Captain Doug "Machine Gun Foley. The Pinheads are looking to get back into championship form led by Joe "Strikes." Joe has several 200 games under his belt already. There's a new team also looking to have some fun and knock down some pins. They are led by Bethany Cardinal and her hubby John "Monstah" Cardinal. This is the ultimate sleeper team, they are playing it coy. It's all fun and games till they start mowing down the pins. Beth and John will be aided by bowlers Jacqui DeGrace, Andrea Piccarelli, Jason Halpert and C.J. Allen. Their team name: "I can't believe it's not gutter" is just a ploy by task master Bethany to lull teams into a false sense of security. She said they're going to "Sweep the leg" when teams aren't looking, so watch out for these upstarts!

The Wolf Pack took on the Pinheads in Week One. The Pack had a big night just as they did in their final playoff match to capture 3rd place. They beat the Pinheads back again on their way to a four point sweep, shutting them out 4-0. They got solid games from Terry "Downtown" Brown who had game high 133 (4 spares, 2 strikes). Don "Dynamite" Dwyer had a 129 (4 spares, 1 strike) while Chuck "Alpha Dog" Williams had a 123 with 3 spares and 2 strikes. Don had 4 spares in a row and Terry and Chuck finished out the 10th and final frames with a spare and a strike for a total pin fall off 561. The Pinheads Joe "Strikes" Fraher had a team high 122 as his team started out slow, managing only a 472 pin fall. Game Two was closer, but the Wolf Pack took charge led by Don "Dynamite" who had a team high 149. Don had 6 spares and 2 strikes, Terry "Downtown" added a solid 139 as the team had a pin fall count of 569. The Pinheads were much improved in the 2nd game, knocking down 523 led by a game high 164 by Mike "Trips" O'Brien. Mike had 6 spares and 2 strikes,



like Mike: the Pinheads Mike "Trips" O'Brien had a game high 164 as he made 6 spares and 2 strikes in Game Two against the Wolfpack during Week One.



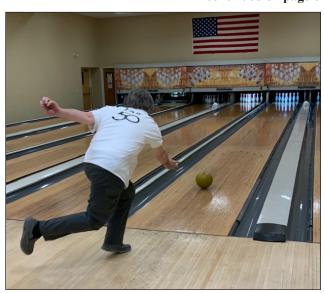
Explosive: the Wolfpack's Don "Dynamite" Dwyer rolled a team high 149 in game two and averaged 133 on the night as his team completed a four point sweep of the Pinheads during Week One.

Joe "Strikes" added a 110 and Doug "Machine Gun" Foley added a 99, but it wasn't enough as the Wolf Pack went ahead 2-0. The Pinheads needed to pick up the pace in Game 3, but they were again thwarted by the Pack, who had a pin fall of 546 to 523 for the Pinheads. The Wolf Pack cooled off a little but knocked down enough pins to capture the 3rd game for a 3-0 lead, winning by 23 pins. The total pin fall for the 3 games was Wolf Pack 1,676 to 1,518 for the Pinheads. Chuck led the way with a 129, Don had a 122 and Terry had a 119 as they started off the season on a high note, getting 4 points. The Pinheads lost despite getting a terrific game from Joe "Strikes" who had a game high 165. Joe had 5 spares and 3 strikes, Mike "Trips" had a 124 but they just couldn't get enough pins down to capture a point on the first night of the season.

After battling it out in the finals just a few weeks ago the Masked Crusaders and Fireballers themselves matched up again to start the season. No breaks here as the top two teams from the regular season and the playoffs got

after it again on opening night. The Crusaders got off to a good start led by Mr. Reliable, Jimbo "Gotta be the Shoes" Mayou who had a game high 169. Jimbo was a model of consistency as he had 7 spares and 1 strike. Tom "Turkey" Barnes added a 132 with 1 spare and 3 strikes for a team pin fall of 552. The Fireballers got a team high 146 from Walt "The Chief" Stecchi who had 5 spares and 2 strikes. Donny

continued on page 6



The hunted becomes the hunter: the Masked Crusaders Tom "Turkey" Barnes rolled a season high game of 217 (with 7 strikes and 2 spares) as he helped his team defeat the Fireballers 3-1 during Week One action.



Springing into action - John "Monstah" Cardinal will be bowling for a new team in the league: "I can't believe it's not gutter" in the Base Cape Cod Spring League.

Week 1 Standings						
	POINTS					
Wolf Pack	4					
Masked Crusaders	3					
Fireballers	11					
Pin Heads	7					
Can't Believe it's not Gutter!	0					
Pinheads	0					

Main: 781-848-3910

TTY: 781-356-1992



WWW.SSELDER.ORG @SouthShoreElder

#### **Support Your Community — Volunteer!**



#### How Can You Help Your Community?

- Become a Meals on Wheels driver and deliver meals to vulnerable elders
- Join the Money Management program and help seniors maintain their financial independence
- Volunteer as an Ombudsman to help protect the rights of nursing home residents.

Call South Shore Elder Services to start your journey today!













#### Call now to get your ADT security system starting at \$19.99/mo.\*

Life safety

Plus get \$100 off installation when you call today!

\*Requires 36-month monitoring contract for intrusion only with a minimum charge of \$28.99 after the 12 month term. Equipment shown requires ADT Secure or higher. Early term. and installation fees apply. Taxes addt'l. For full terms and pricing see below. †Requires minimum purchase of \$449



Let us help you stay protected from fire CO, floods & more! Cameras Choose from indoor, outdoor & doorbell cams so you can keep watch even when you aren't there with upgrade to ADT Video.

\$100 off installation Upgrade to a touchscreen panel and smart home equipment or stick with basic home security. Either way, you'll save \$100!



#### YOUR EXCLUSIVE SAVINGS COUPON

**▶ 1-413-679-5721** 

Call now to redeem your exclusive offer!

DF-CD-NP-Q121

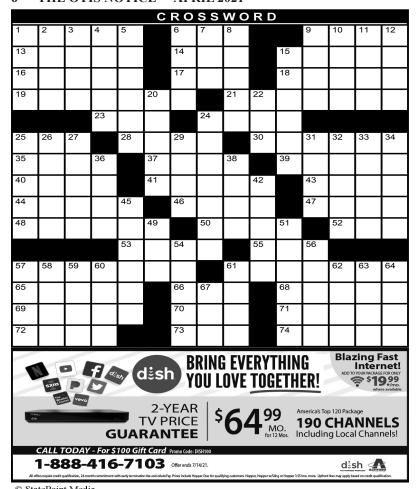
April 15, 2021

We're available 24/7. See if you qualify for same-day service!

\*\$19.99/month + '\$100 off Installation: Requires 36-month monitoring contract with a minimum charge of \$28.99/mo. (before instant savings) (24-month monitoring contract in California, total fees from \$695.76 (before instant savings) and enrollment in Easy Pay. Service and installation charges vary depending on system configuration, equipment and services selected. Offer includes (1) \$9.00 instant savings per month applicable only towards monthly monitoring charge for the first 12 months of initial contract term (total value of \$1000 oi) and (ii) \$100 instant savings on installation with minimum purchase of \$494 after promotion is applied. Traditional Service Level requires landline phone. Excludes \$A015 Extended Limited Warnardy, Upon early termination by Ucstomer, ADI may charge 75% of the remaining monthly service charges for the balance of the initial contract term. Limit one offer per new ADI customer contract. Not valid on purchases from ADI Authorized Dealers. Expires 41/52021. Interactive Services. ADI Command Interactive Solutions Service; (ATOI Command\*) Phelps you manage your home environement and family lifestifyels. Requires purchase of an ADI 3lamm system with 36 month monitoring contract ranging \$45,99.55.79/mon with OSP (24-month monitoring contract in California, total fees ranging \$1,103.76.51,391.76), enrollment in ADI Easy Pay, and a compatible device with Internet and email access. These interactive service better to cover the operation or mainterance of any household pigment systems with are connected to the ADI Command equipment. All ADI Command services are not available with all interactive service levels. All ADI Command services may not be available in all geographic areas. You may be required to pay additional charges to purchase equipment required to utilize the interactive service levels. All ADI Command services may not be available in all geographic areas. You may be required to pay additional charges to purchase equipment and additional charges are apply in a reas that require d

purposes only. 
©2021 ADI LC dba ADT Security Services. All rights reserved. ADT, the ADT logo, 800 ADT.ASAP and the product/service names listed in this document are marks and/or registered marks. Unauthorize use is strictly prohibited. Third-party marks are the property of their respective owners. License information available at www.ADT.com or by calling 800 ADT.ASAP. CA.ACD7155, 974443, PPO120288. 
FRO001121; LA F1639, F1640, F1643, F1654, F1655, MA 172C; NC Licensed by the Alarm Systems Licensing Board of the State of North Carolina, 7535P2, 7561P2, 7562P10, 7563P7, 7566P7, 7564P4, NY 12000305615; PA 1907977

PCD-NP-Q1:



STATEPOINT CROSSWORD

#### THEME: IN THE GARDEN

#### ACROSS 1. Great divide

- 6. World's oldest national
- broadcaster
- 9. Pasturelands
- 13. Chinese fruit
- 14. #9 Across, sing.
- 15. Clemency
- 16. One in advertising
- 17. " \_ the land of the free ..."
- 18. Characteristic of birds
- 19. \*Ongoing job in the garden
- 21. \*Without synthetic fertilizers 23. 2nd tallest bird
- 24. Theatrical production
- 25. Curiosity killed it?
- 28. Additionally
- 30. Capital of Poland
- 35. Passage into a mine
- 37. Prefix in levorotary
- 39. Mid-century modern, e.g. 40. Toothy wheel
- 41. \*Some are heirlooms
- 43. Make like a cat
- 44. Erasable programmable read only memory
- 46. Stanislavski's rifle, e.g.
- 47. Unwanted correspondence
- 48. Motionless

- 50. Catch-22
- 52. "Are you sure?" in a text
- 53. Freight horse cart
- 55. Opposite of don'ts
- 57. \*6 or more hours of sunshine
- 61. \*Radicchio or frisÈe
- 65. On foot
- 66. Negative vote
- 68. 2020 NFL MVP
- 69. Morrison's "The
- 70. Hockey great Bobby
- 71. Respectable and quiet
- 72. Sports award
- 73. Affirmative response
- 74. Infernos

#### **DOWN**

- 1. Old bathtub foot
- 2. Opposite of seek
- 3. Ne plus ultra
- 4. \*Opposite of #57 Across
- 5. Minimum, pl.
- 6. Influencer's journal
- 7. \*Stinging pollinator
- 8. Holiday song
- 9. Bulgarian money
- 10. Julia Roberts' Academy Awardwinning role
- 11. Popular smoothie berry
- 12. Update an iPod
- 15. Inhabitant of Hungary

- 20. Nothing, pl.
- 22. Like sashimi
- 24. Lack of money
- 25. \*Tomato supports
- 26. Highly skilled
- 27. Miss America's headdress
- 29. Slowly leak
- 31. Moves at the gym
- 32. Monument to Buddha
- 33. Orderly arrangement
- 34. \*Wiggly plowers 36. Faster than a walk
- 38. \*Some plants and flowers
- emit a good one
- 42. \*Type of digger
- 45. Centers, old-fashioned
- 49. French vineyard
- 51. \*Last of 3 numbers on a bag
- of fertilize
- 54. Be a pest
- 56. Washington, e.g.
- 57. Grow dim
- 58. Extraterrestrials' rides 59. Pilot's stunt
- 60. Type of parrot
- 61. "Musical" constellation
- 62. Russian mountain chain
- 63. \*Type of garden hose that saves space
- 64. Goes with "odds"
- 67. Am is to I as \_\_ is to we

answer on page 4



Thompson added a 116 but their score of 507 left them 45 pins short. The Fireballers rebounded with a Game 2 pin fall of 558 that carried them to victory as Nick "The Hammer" Stecchi had a game high 162. Nick pounded down the pins as he had 1 spare and 5 strikes, including a Turkey (3 strikes in a row) in the 6th, 7th and 8th frames. Walt "The Chief" wasn't too bad either as he had the reverse of his son, he had 5 spares and 1 strike, how's that for symmetry? Walt had a fine score of 142. It gave them a split on the night as each team had earned a point.. The Crusaders lost by 32 pins with a score of 526. They were led by Mike "Coach' Camire who had a team high 138 with 3 spares and 2 strikes. Jimbo had a 132 (4 spares, 1 strike) and Tom "Turkey" had a 110. As expected with these two teams, the scores were close and they were now deadlocked at 1-1 heading into the final game of the night. Not only was the 3rd point up for grabs but so was the 4th point with the Crusaders leading by a mere 13 pins. Game on. Or should I say Turkey time? Both teams were expecting a close game, another dog fight. But the Crusaders Tom "Turkey" stole the spot light as he had an incredible game, a sizzling 217 (2 spares, 7 strikes) to lead his team to a big win. Tom started out with a spare and then got in the zone as he put up a Hambone, that's FOUR strikes in a row. He added a spare and a strike in the 6th and 7th frames for a score of 166. In the 8th he lost his "clean" game. A clean game means you have a spare or a strike in each and every frame. After his open frame in the 8th, Tom got right back at it as he finished with a strike in the 9th and a strike in the 10th. Putting up a 217 gets your name and score on the bulletin board roll of honor, way to go Tom "Turkey! The Crusaders Game 3 score of 640 was the highest pin fall of any team for Week One and their total pin fall added up to 1,718. Tom got help too as Mike "Coach" had a 145 (6 spares, 1 strike) and Jimbo "Gotta be the Shoes" had a 132 (4 spares, 1 strike). The Fireballers just couldn't find it in game 3 as they had a score of 484 and a total pin fall of 1,549. The final numbers resulted in a 3-1 win for the Crusaders and kept them 1 point behind the Wolf Pack who surged to the top of the standings with a 4-0 sweep of the Pinheads. No doubt the Fireballers will be bounce back from their tough night. The good news is they sure have lots of time (weeks) to do it!

So the season has started and the teams are heating up. Hopefully the weather will do the same, so let's roll! Spring is here - time to let the stars shine.

#### REGISTRATION

Entry fee includes Dinner, Raffles, Auction, Cash Bar, Driving Range, Golfer Gifts Greens fees Golf Balls and Cart

> \$660/foursome \$165/per person

Name \_

e-mail

Shirt size M

Company				
Address_				
Phone				
Shirt size	M	_ L	XL	XXL
Additi	onal	Play	ing P	artners
Name				
e-mail				
Shirt size	M	_ L	XL	XXL
Phone				
e-mail				
Shirt size	M	L	XL	XXL
Name				
D1 .				

Golf registration make check payable to Doug Foley c/o Thunderbird Classic, 32 Ships View Terrace, Bourne MA 02532

#### HONORING OUR VETERANS



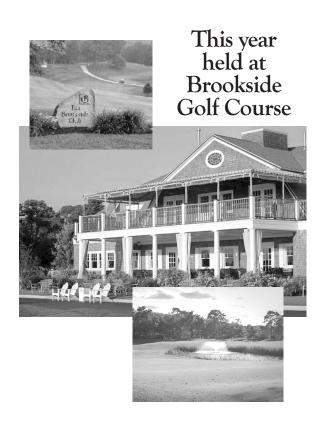








#### 2021, 15<sup>TH</sup> YEAR ANNIVERSARY THUNDERBIRD CLASSIC GOLF AND DANIEL JOSEPH FOLEY '75 **SCHOLARSHIP**



Friday, June 25, 2021 0800 am Registration 0900 am Shotgun Start Dinner, Raffles, Auction, Cash bar

Go to www.thunderbirdclassic.org

#### Happy 100th Mr. Spitzer!





Marvin Spitzer served at U.S. Coast Guard Station Cape Cod Canal and served as a cook on the USS Murzim during WWII. February 26th we had the honor of attending the drive-by parade

### Robot dogs arrive at Tyndall AFB



Sunny, a 325th Security Forces Squadron military working dog, poses next to a Quad-legged Unmanned Ground Vehicle at Tyndall Air Force Base, Fla., March 24, 2021. While the Q-UGV is also known as a robot dog, the computerized canine is not meant to replace MWDs, but rather to add an extra layer of security to the installation's force protection posture. Courtesy of the 102nd Intelligence Website

Story & photos by Airman 1st Class Anabel Del Valle 325th Fighter Wing Public Affairs

TYNDALL AIR FORCE BASE, Fla. (AFNS) --

The first official semi-autonomous robot dogs were delivered to Tyndall Air Force Base March 22 for integration into the 325th Security Forces Squadron.

The purpose of the Quad-legged Unmanned Ground Vehicles, or Q-UGVs, is to add an extra level of protection to the base. The robot dogs, designed by Ghost Robotics and Immersive Wisdom, are the first of their kind to be integrated onto a military installation and one of many innovation-based initiatives to begin at Tyndall AFB, coined the "Installation of the Future."

"As a mobile sensor platform, the Q-UGVs will significantly increase situational awareness for defenders," said Mark Shackley, Tyndall AFB Program Management Office security forces program manager. "They can patrol the remote areas of a base while defenders can continue to patrol and monitor other critical areas of an installation."

Features applied to the robot dogs allow for easy navigation on difficult terrains. The robot dogs can operate in minus 40-degree to 131-degree conditions and have 14 sensors to create 360-degree awareness. They are also equipped with a crouch mode that lowers their centerof-gravity and a high-step mode that alters leg mobility, among other features.

#### Distributor of



HOT/COLD \$8.00

Spring Water \$7.99

3 Gallons Spring Water \$9.99

NO BOTTLE DEPOSIT

We handle **BOTH** COMMERCIAL & RESIDENTIAL locations 800-990-8952

P.O. Box 1258, Sandwich, MA 02563

Tyndall AFB's Program Management Office, the 325th SFS, the 325th Civil Engineer Squadron, Air Force Research Laboratory, communications and other organizations have been working since July 2020 to ensure the Q-UGVs are assembled properly before reaching Tyndall AFB. The installation is considered an ideal base to host the new robot dogs with its ongoing rebuild.

"Tyndall (AFB) is a perfect test base as it was deemed 'The Installation of the Future,'" said Master Sgt. Krystoffer Miller, 325th SFS operations support superintendent. "Across the base, every squadron has been pushing the envelope of how we do things and expanding our optics of what is possible. One huge attraction piece of the robot dogs is that it's highly mobile and with the amount of construction we will face over the next few years, it helps us maintain and increase our security posture."

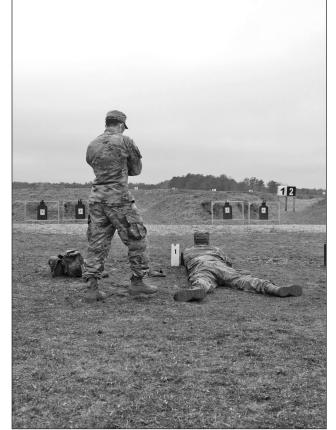
This new technology has the capability to revolutionize the way base security operates. Tyndall AFB is expected to set the benchmark for the rest of the Defense Department when it comes to Q-UGV usage.

"I can say that there is definitely a lot of interest in the capabilities of the technology," Miller said. "I'm hopeful that other units will see some of the successes at Tyndall (AFB) and will continue to explore the use of nonconventional tactics."



Master Sgt. Krystoffer Miller, 325th Security Forces Squadron operations support superintendent, operates a Quad-legged Unmanned Ground Vehicle at Tyndall Air Force Base, Fla., March 24, 2021. The purpose of the Q-UGV is to add an extra level of protection to base.U.S.

## BEST WARRIOR COMPETITION



Soldiers and Airmen of the Massachusetts National Guard compete in the Best Warrior Competition, March 25-27, 2021 at Camp Edwards, Joint Base Cape Cod. They fought for the title of Best Warrior in events including physical fitness, marksmanship, land navigation, and a twelve-mile ruck march.

Photos by Sgt. Tricia Andriski



Courtesy of the National Guard Facebook





# This TRICARE® plan lets you choose your doctors. Surprised?



**Choose your own civilian doctor** from a network of over 2,000 primary care providers and thousands of specialists, all in southern New England, home of world-class medical care.

**Use top-quality hospitals**, including Lahey Hospital and Boston Children's Hospital.

**Get the full TRICARE Prime benefit** at low or no cost. No enrollment fees or copays for active-duty family members (except for prescription copays). Everyone else pays a modest annual enrollment fee and small flat copays.

**Get some terrific extras**, like chiropractic visits and discounts on acupuncture, eyewear, and fitness clubs — at no extra cost.

#### **Questions?**

Call your local representative James M. Souza, SFC, USA (Ret.) at **508.208.4781** or visit **usfamilyhealth.org**.

