

The OTIS NOTICE

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VOLUME 43 NO. 6

JOINT BASE CAPE COD 02542

JUNE 2021



(L-R) Bryson Reed, Logan Reed, "Fireman" Hunter Reed and Sandy Brun
Photos by: Sandy & Bobby Brun

Memorial Day observance at Otis Memorial Park

Courtesy of the 102nd Intelligence Facebook

By Timothy D. Sandland,
102nd Intelligence Wing Public Affairs

JOINT BASE CAPE COD, Cape Cod, Mass. – The Otis Civilian Advisory Council joined together with the host units of Joint Base Cape Cod in holding a Memorial Day Observance here on Thursday, May 27, 2021.

The annual event honors all men and women who have died in military service for the United States, and in particular, those with ties to the Joint Base Cape Cod community.

Organized and hosted by OCAC President, Mrs. Vonnie Jacquard, the occasion drew a gathering of military members and civilians from around the installation and from the local community. Featured guests included Brig. Gen. Christopher Faux, Executive Director of JBCC; Col. Sean Riley, commander of the 102nd Intelligence Wing; and Col. Matthew Porter, commander of Camp Edwards. Civilian leaders included directors and officers from the OCAC, past presidents of the organization, as well as Mr. Don Cox, president of the Massachusetts Military Support Foundation.

The solemn event was marked by a touching speech by Space Force Lt. Col. Timothy "Skip" Sheehan, commander of the 6th Space Warning Squadron who began by highlighting the kinship shared by all who wear the uniform.

"There is a special and intense connection you make with fellow servicemen and women. We develop close bonds with those around us," said Sheehan. "We may give each other a hard time, in jest of course, but when it comes time to get the job done, we're ready and willing to stand shoulder to shoulder against whatever threat we may face."

During the ceremony, flowered wreaths were placed by memorial stones encircling the large reflecting pool in the center of the park, representing and honoring those lost in service to the nation.

"To family and friends of a fallen hero, losing a loved one is an enduring grief," said Lt. Col. Sheehan. "To lose a loved one who heroically risked their life for our country's freedom leaves a permanent scar built of both pain and pride."



On May 5, 1868, only three years after the Civil War ended, Maj. Gen. John A. Logan, the national commander of the Grand Army of the Republic, established what is now known as Memorial Day as a day for the nation memorialize those, as he described, "who died in defense of their country during the late rebellion, and whose bodies now lie in almost every city, village, and hamlet churchyard in the land."

Originally called Decoration Day, Logan's mandate to the GAR, a veterans group of former Union Army soldiers, was to decorate the graves of the war dead with flowers. He declared that Decoration Day should be observed on May 30 each year. The common belief is that the end of May was chosen because flowers would be in bloom across the nation at that time.

Logan's orders to GAR posts stated, "In this observance no form or ceremony is prescribed, but posts and comrades will in their own way arrange such fitting services and testimonials of respect as circumstances may permit."

The first large observance was held that year at Arlington National Cemetery. Government and military officials from Washington, including Gen. and Mrs. Ulysses S. Grant, presided over the ceremonies. After the formalities, members of the GAR, accompanied by children orphaned by the war, made their way through the cemetery, strewing flowers on graves of fallen Soldiers, Sailors and Marines.

"We should guard their graves with sacred vigilance. All that the consecrated wealth and taste of the Nation can add to their adornment and security is but a fitting tribute

to the memory of her slain defenders." Gen. Logan's order read.

"Let us, then, at the time appointed, gather around their sacred remains and garland the passionless mounds above them with choicest flowers of springtime; let us raise above them the dear old flag they saved from dishonor; let us in this solemn presence renew our pledges to aid and assist those whom they have left among us as sacred charges upon the Nation's gratitude."

The sentiment felt at this year's observance parallels what was felt at the first Memorial Day ceremony at Arlington so many years ago. Then, as now, the unique blend of "pain and pride" was the underlying sensation felt by all.

Validating those feelings, Lt. Col. Sheehan said, "On this day, we honor and remember those to whom we may have never had a chance to say goodbye who we honor due to their sacrifice."

The sacrifice, and the reverence we place on it, forms the honor and pride we feel for those whom we memorialize.

Otis Civilian Advisory Council, Inc., founded in 1947, is an organization of civilian and military members committed to establishing communication and understanding between the military units assigned to Joint Base Cape Cod and their neighbors. In 1969, the OCAC built Otis Memorial Park to honor 50 fallen military personnel that had perished in three different crashes while assigned to Otis Air Force Base and Camp Edwards. It also honors military members who died in service to their nation.

Spanning 22,000 acres, Joint Base Cape Cod is a full-scale, joint-use base that is home to five major military commands that operate and train for missions at home and overseas in a partnership between the Commonwealth of Massachusetts, Department of Defense, Department of Homeland Security, and others. The Soldiers, Airmen, Coast Guardsmen, Guardians, and civilian employees of JBCC conduct airborne search and rescue, cyber and traditional intelligence, ballistic missile early warning, cyber engineering and installation, expeditionary medical support as well as training on these and in many other areas that prepare service members for operational assignments overseas as well as here at home, serving and protecting the Commonwealth and the nation.




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Michael CamireSports Editor

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Commander's Column

COL MATTHEW N PORTER, USARMY NG MAARNG
CAMP EDWARDS ARMY NATIONAL GUARD TRAINING SITE, JBCC



Camp Edwards Hosts the Operation Viking and Airborne Operations

For the first time in a long time Camp Edwards was home to paratroopers conducting Airborne Operations. This exciting training was part of an exercise called Operation Viking, which was developed jointly by the 412th Civil Affairs Battalion (CA BN), the United States Coast Guard, the Army National Guard, and the Air National Guard. The Airborne Operations were conducted day and night and consisted of High Altitude Low Opening (HALO) jumps and static line jumps from about 1,000 feet and landing on the JBCC Airfield. Although the Airborne Operations were the most visible part of the this exercise, the 412th CA BN utilized Tactical Training Base Kelly and the 15K acre training area to conduct advance medical training, rifle qualification, and cultural and infrastructure assessments. The 412th CA BN, which is a Reserve unit, has primarily

operated out of Fort Bragg and other larger installations, but selected JBCC for Operation Viking because of its cultural history, large airfield, incredible training area, abundant support facilities and, according to Brigadier General Farris the Commanding General of the 352nd Civil Affairs Command, "exceptional customer service". When asked about the future of training on Camp Edwards the Garrison Commander, COL Matthew Porter, said "we need to build it so they will come, and we need to treat the units right, so they want to come back. It's really as simple as that. Attracting a unit such as the 412th to Camp Edwards is a great indicator that our philosophy is working and the word is getting out." Another iteration of Operation Viking is being planned for July of 2022, and it is shaping up to be a little bit bigger and better.

VETERANS SPOTLIGHT

Dorothy "Dot" Courtemanche, US Army Nurse

by Wayne Soares
waynesoares1@gmail.com

What a pleasure to interview this week's Veterans Spotlight. Dorothy "Dot" Courtemanche served her country in the United States Army as a Nurse. She retired a Lt. Colonel after a marvelous 23-year career with assignments at Fitzsimmons Army Hospital in Denver, CO, Cutler Army Hospital in Ayer, MA, Walter Reed in Washington, DC, and Fort Meade in Maryland. Born in Dedham, MA, she graduated from Dedham HS and later from The Catherine LaBoure School of Nursing in Boston. She did her basic training at Fort Gordon in Augusta, GA where they received all orthopedic Vietnam War combat injuries.

Lt. Colonel Courtemanche received her 1st assignment in Seoul at the 121st Evacuation Hospital. "It was unbearably hot in the summer and cold in the winter. Many of us wrote home to ask our families to send electric blankets....got monsoons that were brutal....the whole base was flooded....there were (6) nurses to a "Hooch" (a cinder block building) she recalled. Her first recollection of Korea was one she can never forget. "There was this constant smell of septic.... after a while, your brain just accepted it....didn't really notice it....the Korean people were lovely people.....very respectful....the Korean nurses were excellent too.....they were very good at what they did.....didn't chum around though or mingle....they were strictly professional.... we walked right into the fire....I had (20) soldiers the left side of the ward and (20) on the right.....you didn't call the lab to get blood, you drew it yourself....got competent real fast....never forget how upbeat the guys I took care of were.....never complained.....it was such an honor to take care of them.....I'd walk in and say 'Hello Everybody'" she remembered.

When asked about being away for the holidays, Lt. Colonel Courtemanche responded, "Oh, they were tough.... no doubt about it....we had a Christmas tree....everyone wanted to work, because nobody wanted to be alone....you just accepted it." One of the great memories she shared was seeing Bob Hope perform but she almost missed it. I had just finished my shift and got home around 7am. My fellow nurses were getting ready to go.....told them I'd see them later.....they were persistent and told me I had to go....they

had the stage set up in a big amphitheater.....Bob Hope was (64) years old at the time and he sang, tapped danced....did everything.....had Lola Falana with him and the Ding-A-Lings.....what a great morale booster.....oh god, it was so tough when they sang Silent Night at the end.....everybody was crying" she remembered. Lt. Colonel Courtemanche experienced many horrific memories. She shared this one; "It was Christmastime in Korea.....guys were messing with

drugs, many were naïve....we had six overdose deaths....hospital said they couldn't accommodate them as they were already overloaded....they put them in boxes outside in the freezing cold....it was really tough knowing those six bodies were out there" she recalled.

When asked to share a good memory, she quickly responded, "the camaraderie of our nurses was the highlight, without question....we saw a great deal of death....we were very close....all in this together..... if it wasn't for that, we all would have gone nuts....when we had a day off, we went to other M.A.S.H Units to visit the other nurses." She

continued, "I worked in ICU....we handled everything.... from the Colonel that got drunk and fell off his barstool to the little baby in the incubator. Lt. Colonel Courtemanche spoke highly of her mentor in Korea, Captain Eileen Gentile. "She was like a big sister....my specialty was orthopedics....they sent me to Captain Gentile in ICU... ..I was terrified...thought I would hurt the soldiers..... she took time with me and was very patient....just really good people." There were humorous moments too that brightened the darkness of death. "Had one patient....his wife lived on base.....kept telling me he had to get home because it was his 1-year anniversary.....told him he couldn't move....he went to the latrine and jumped out the window....I was a wreck in having to tell my supervisor.... if you looked up the word badallacs in the dictionary, you saw her picture....she called the MP's to bring the soldier back.....I felt terrible" she remembered. Her final thoughts on her career? "It went by so fast.....can't believe how fast it went by....I miss it a lot.....wouldn't have traded it for the world" she said. She currently lives in Mashpee with her husband Robert (a 40-year Army veteran) and has two children. Lt. Colonel Dorothy Courtemanche, thank you for your service to our great country



BATMAN TEAM'S SUPPORT OF SBIR PROJECT INCREASES COMBAT SURVIVAL POTENTIAL

Courtesy of the 102nd Intelligence Website

By Leslie Heck
Air Force Research Laboratory Public Affairs

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFNS) --

The Air Force Research Laboratory's Battlefield Air Targeting Man-Aided Knowledge team, referred to as BATMAN, lent its effort to the Air and Space Forces' Small Business Innovation Research program to make a few former Airmen's dreams come true and potentially deliver a needed survival radio charger to the warfighter.

These former Airmen formed Combat Power Solutions, a servicedisabled veteran-owned small business, to develop innovative technology that solves real-life warfighter challenges, such as those they'd seen as special warfare Airmen. Their company, CPS, had only been in operation for a little over a year when they submitted an idea to SBIR and were invited to present their idea at the very first SBIR/ Small Business Technology Transfer Pitch Day in New York City March 6-7, 2019.

The Air Force held Pitch Day to introduce a faster, smarter method to get cutting-edge technologies and capabilities into the hands of warfighters by speeding up the investment and Defense Department process. Chris Larkin, CPS managing partner, said that he, with his business partners, presented their pitch in a 10-minute format much like the TV show, Shark Tank.

"The process that the Air Force use(s) (in Pitch Day) is really innovative," Larkin said. "Companies presented their technology concepts, (the government panel) did a small huddle to decide whether they were going to select us or not, we went next door, the government swiped their credit card, and we had money in our account — here we are, a small business with no inbound revenue before that."

The average contract award time and payment during Pitch Day took 15 minutes, and over \$131 million in total was awarded through various contracts during Pitch Day events.

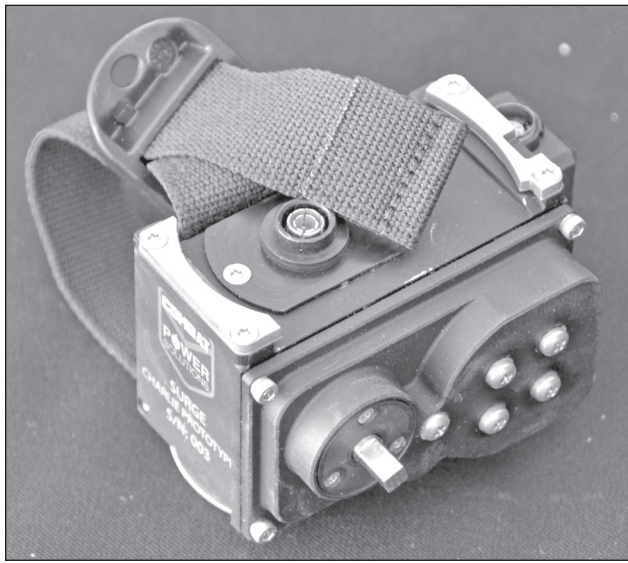
"What is really unique about this opportunity is that the Air Force has invested heavily in the SBIR program because they want to build up and increase the relationships in the military-industrial base and take advantage of the innovative spirit of Americans," Larkin said. "It's a really cool kind of win-win story where former Air Force guys are taking advantage of an Air Force program to help solve warfighter capability gaps."

With the above swipe alone, CPS was given \$150,000 for a six-month, Phase I contract to develop a large prototype of an in-line charging system for the Combat Survivor Evader Locator radio. The desired function of this system is to specifically power and charge the battery of the CSEL radio, a device already included in ejection-seat-housed survival kits used by downed pilots.

While Air Force Life Cycle Management Center's Special Warfare Systems Program Office at Wright-Patterson Air Force Base awarded and managed the contract, it turned to the BATMAN program in AFRL's 711th Human Performance Wing for a technical point of contact. The BATMAN team includes experts in a wide range of disciplines such as electrical, mechanical and biomedical engineering as well as software, who develop technologies for the Air Force's special warfare personnel, such as combat controllers and tactical air control. Lt. Patrick Assef, who had experience working on a previous CSEL battery project at a university in Michigan, served as the initial TPOC until very recently. Because the CSEL radio is a controlled item, he was vital in obtaining a mock CSEL radio from Air Combat Command for CPS to use and reference as they worked to develop a smaller charger prototype that would precisely fit the radio, Larkin said.

As a result of the successful SBIR Phase I effort, CPS applied for and was awarded a SBIR Phase II contract in order to further refine the functionality and size of the prototype. This development took place over an 18-month period, which saw CPS's Surge Tactical Charger device evolve through five different prototypes. Assef and the BATMAN team helped coordinate collaboration with other Air Force organizations for the testing of these prototypes.

The evolution of the prototypes resulted from obtaining end user feedback from 20-25 different Air Force customers and three different testing situations, including bringing ACC personnel out to Nellis AFB to run prototypes through exercises with pararescue jumpers and survival evasion, resistance and escape personnel in the 57th Wing



The 711th Human Performance Wing's Battlefield Air Targeting Man-Aided Knowledge team aided contractor Combat Power Solutions' Small Business Innovation Research project to develop a much-needed warfighter capability: a portable charging device (shown by itself here in its final prototype) for a radio that is critical during combat survival.

Photo courtesy of Combat Power Solutions, LLC

and the 414th "Red Flag" Combat Training Squadron. The feedback received allowed CPS to adjust things like the placement of the Surge charger's crank handle and add a strap to the device so that a downed pilot with a broken arm or dislocated shoulder could move the crank with one hand.

Assef and BATMAN personnel also helped connect CPS with acoustics experts, such as Drs. Frank Mobley and Brian Simpson, also of AFRL's 711 HPW, to test and help mitigate sound generated by the Surge charger.

"When we built the first prototype, it was horrendously loud," Larkin said. "So, we've slowly but surely made the device lighter, smaller, quieter, and really the success is we're building a capability that can potentially solve a warfighter capability gap in terms of giving an isolated person unlimited power in an escape and evade situation. Unprecedented. Never before have we had that."

A quieter Surge charging solution and its ability to keep a radio powered can be critical to a pilot who is hiding and trying to evade capture after being shot down deep in combat mission, Sedillo said, a former survival teacher and retired active-duty Air Force aircrew life support member.

"This might make a difference between whether an isolated person gets rescued or not, whether that IP becomes a POW," Sedillo said. "We're not just going to go get an IP like we've been doing in Afghanistan. The IP is going to be there for a while. We've realized we better come up with a solution, and simply adding more batteries [to the survival kit] isn't the answer because if we add anything, something else has to come out. There's no more room in that survival kit."

CPS's final prototype of its Surge charging device eliminates the need to carry extra CSEL radio batteries with a size and weight similar to a CSEL radio battery — specifically 2.7 x 3.7 x 2.6 inches and just over a pound. The device provides compatibility and capability to charge the radio battery via any of four different methods, including solar. Directly, its crank-operated handle generates charging power at a physically sustainable rate for humans while on the move. The time it takes to charge the battery is variable based on the battery's current state of depletion.

"It is a lot of cranking, but it's a capability that you never had before," Sedillo said. "From a psychological perspective, it gives the evader confidence that they are doing something to affect their survival. The CSEL radio only needs a microburst of information; so, you just need to get it (charged) up enough to send out a quick message."

"But this thing is not just a one-trick pony. It's not just going to recharge the battery for the survival radio; it charges the battery while you're using the radio, and it has a USB output so that you can charge peripheral devices."

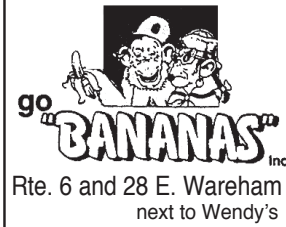
Sedillo acknowledged the steps CPS and the BATMAN team took together to achieve developments like these.

"(CPS) understand[s] the importance of (radios)," he said. "When they say they're going to do something they do it. This whole program from the beginning all the way to the end has been very lockstep. Every time they briefed a new version, they had solved problems or issues that we had brought up, and it kept evolving. It was a collaborative effort that we allowed them some resources they would not have had otherwise, such as contact with the user community, opportunities to go test at exercises, testing acoustics, and so on."

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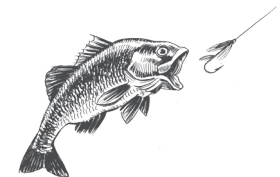
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Masked "Cruise" Saders Coast into 1st place

The Crusaders surge into the lead with 2 strong performances in weeks 6 and 7 in the Base Cape Cod Spring Bowling League

Story & photos by: Mike Camire

Last month the Masked Crusaders were coming off a four point sweep of the 1st place Wolfpack and had their sights set on taking over the top spot. In week six they faced off against the Pinheads who were looking to move up a notch or two in the standings themselves. Both teams got some outstanding performances, but the Crusaders prevailed in game one by the score of 606 to 577. Leading the way was the Crusaders anchor, Jimbo "Gotta be the shoes" Mayou who had a game high 186. Jimbo also had a "clean" game, a spare or a strike in each and every frame. He started with 5 spares in a row, most of them punctuated by the infamous Jimbo turn and walk away. This has become his trademark as he confidently heads back to his seat while his ball is still menacing its way down the lane to fell whatever pins are left standing. Jimbo finished up his big game with 8 spares and 2 strikes. Tom "Turkey" Barnes added a solid 159 coming up with 2 spares and 4 strikes. Cliff "Jägermeister" Jaeger added a 115 as they overtook the Pinheads by 29 pins. The Pinheads dropped the point but got a great game from Mike "Trips" O'Brien who had a team high 173. Mike was on fire as he had 4 spares and 4 strikes. Joe "Strikes" Fraher had a 138 (3 spares, 2 strikes) and Joe "Fuji" Foley added a 121. The Crusaders poured it on in game two as they had the highest score of the night, a 635. This time it was Tom "Turkey" who led the way with a team high 193, just missing out on a 200 game. Tom lived up to his nickname as he had a Turkey, 3 strikes in a row in the 7th, 8th and 9th frames. He finished with 3 spares and 5 strikes. Jimbo was there again with a solid performance, scoring a 158 with 2 spares and 4 strikes. He too had his Gobble, Gobble moment (A Turkey of his own) in the 8th,

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Hand salute! The Pinheads Joe "Strikes" Fraher had the high game of the month as he rolled an amazing 209, he finished with 3 spares and 6 strikes, twice in the game he had three strikes in a row: a DOUBLE TURKEY!



Dead aim: The Pinheads Mike "Trips" O'Brien had a three game average of 158 in a recent match against the Masked Crusaders, his game high score in the 3rd string was a sizzling 178.



Burning down the house: the Fireballers Walt "The Chief" Stecchi bowled games of 146, 152 and 182 in a recent match against I Can't Believe Its Not Gutter. Walt's team won the match 3-1.



Cheers! The Masked Crusaders Cliff "Jägermeister" Jaeger closed out the last match of May with a 140 three game average as his team battled it out with the Wolf Pack for 1st place in the CG Base Cape Cod Spring Bowling League.

Week 8 Standings (Through 4/12)	
	POINTS
Masked Crusaders	21
Wolf Pack	17
Fireballers	13
Pin Heads	9
Can't Believe it's not Gutter!	4

in a row as he finished with 7 spares and 2 strikes. After an open frame in the 6th, Mike was right back at it as he closed with 2 more spares and 2 more strikes. Joe "Strikes" added a 122 and Doug "Machine Gun" added a 106. In his last 2 frames he had two spares as they needed each and every pin to knock off the Crusaders. Despite the loss in game three Cliff "Jägermeister" Jaeger (5 spares, 1 strike) had a team high 148. Jimbo added a 120 and Mike "Coach" had a 117. Those pin totals were important as they may have lost game three, but it put the Crusaders over the top as

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\$250 REWARD
 Airman Jerry Carroll won 2nd Place in THE AIR FORCE SHORT STORY CONTEST at Otis AFB in 1962 (Probably in the Fall). His picture of being handed his \$15 prize by Colonel T.E. Harwell and Ms. Sheehan (Otis Librarian) were in The Otis Notice, his copy was lost in a fire. Now that he is ready to begin a career in writing, this picture and copy would be helpful from an old 1962 Otis Notice. Jerry Carroll 334 480 4072

9th and 10th frames. After his turkey, he added a spare to his flare! Mike "Coach" Camire (4 spares, 3 strikes) joined the pin party with a 148. Mike also got hot down the stretch as his last four shots were strike, spare, strike spare. The Pinheads had a respectable 573 as Joe "Strikes" showed why he is one of if not the top bowler in the league with an incredible game high score of 209. Joe had 3 spares and SIX strikes. Turkey? Did somebody say Turkey? Joe had TWO Turkeys, striking three times in the 4th, 5th and 6th and then doing it again in the 9th and 10th frames, six total strikes. No wonder they call him Joe "Strikes!" Mike "Trips" added a 125 and Doug "Machine Gun" Foley added a 96 but the Pinheads just couldn't match the pace of the Crusaders. In game three the Crusaders cooled off some and opened the door for the Pinheads to get at least one point on the night as they squeezed out a nine pin win, 539 to 530. Joe "Strikes" might be Batman, but Mike "Trips" fits in nicely as his "Robin" as he led the way with a game high 178 to finish up the night. Mike started with 5 spares

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Changing of the Guard: During a recent meeting, the Cape Cod Chapter of the Coast Guard Chief Petty Officer's Association conducted a swearing in ceremony for the newly installed officers. (L-R) is outgoing CPOA President AETC Erin Simone, SCPO Rich Fichter (Retired), CPOA President OSC Katherine Zanickrowsky, Vice-President OSC Darin Crozier, Treasurer OSCS Kevin Zariczny and Secretary OSC Max Stuckey.

Photo by: ISC Russell Gallimore



Congratulations to Brian Arthur who received the U.S. Coast Guard Civilian Non-Appropriated Employee of the Year Award for Base Cape Cod!

Brian works for MWR and is the Manager of the Falcon Golf Club. Since starting a year ago, he has made tremendous improvements to the greens and the facility overall. Brian received the award for accomplishing his duties in an outstanding manner, and encouraging others to follow suit.

If you haven't been to the Falcon Golf Club lately, make sure to swing by and say hello!

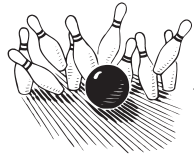
Meditation Area Labyrinth Garden



On Friday the 7th of May, Chiefs from Sector South East New England and members from the Coast Guard Enlisted Association (CGEA) assisted the Brockton Veterans Affairs Medical Center in the constructing of a new "meditation area labyrinth" in the garden area of the VA. This area will be handicap accessible and will create greater quality of care for patients.

From Left to Right: BM1 Geoffrey Haywood, MK3 Brendan Collins, OSCS Kevin Zariczny, MK2 Todd Caltagirone, CWO3 Mike Pillow, OSC Maxwell Stuckey, BMCS Manny Gonzales, OSC Brandon Vance, Mr. Matt Janson, CSC Megann Driver, OS1 Justin Pago, BMC Carl Heise and OS1 Wendy Janson. Not Pictured: MECS Mike Cusimano





Bowling

continued from page 4

they took the 4th point on the night, with an overall pin fall 1,771 to 1,689 for the Pinheads.

The Fireballers used week six to start their climb up the standings as they have been chasing the Wolf Pack and the Masked Crusaders. They took care of business as they grabbed 3 of 4 points from I Can't Believe It's Not Gutter (ICBING). They rolled to a big win in game one as Walt "The Chief" (3 spares, 3 strikes) Stecchi had a game high 146, his son Nick "The Hammer" (1 spare, 4 strikes) Stecchi added a 139 and Donny Thompson added a 126 for a big win, 549 to 483. Jason "All The Way Jay" Alpert led his team with an 87 and John "Monsta" Cardinal had an 82. In game two Jason caught fire as he had a "Monster" game of his own, a game high 181. He had 3 spares and 4 strikes as they took the point by the score of 572 to 551. The Fireballers lost despite getting good scores from "The Chief" (5 spares, 2 strikes) who had a team high 152 while Donny "T" added a solid 148. Game three was a nail biter but the Fireballers extinguished any hopes of an upset as they outpointed ICBING by a mere 5 pins, winning 530 to 525. Walt "The Chief" (5 spares, 3 strikes) had a game high 182 as the Fireballers picked up three points on the night. Nick "The Hammer" added a 115 as they hung on to 3rd place in the league standings. ICBING lost despite good scores from Jason who had a team high 110 and Andrea "Easy A" Piccarelli who added a 92.

In week seven the Pinheads stunned the Wolf Pack by taking 3 of 4 points on the night led by stellar performances in game one by the dynamic duo of Mike "Trips" O'Brien and Joe "Strikes" Fraher. Mike "Trips" had a game high 192 while Joe "Strikes" (4 spares, 3 strikes) added a 157. Joe "Fuji" Foley added a 137 as they hit the 600 mark, winning 600-517. Mike had a "Turkey" (three strikes in a row) while amassing 5 spares and 4 strikes. The Pack lost despite getting a 129 from Don "Dynamite" Dwyer and a 121 from Nick "The Traveler" Johnson. Game two again saw the Pinheads hit the 600 mark, 603 to be exact as they outpointed the Pack 603 to 575, gaining the 2nd point of the night. This time it was their fun-loving Crazy Captain and spin ball extraordinaire Doug "Machine Gun" Foley who had a game high 182 to lead the Pinheads to victory. Doug had 2 spares and 5 strikes; he also had a "Turkey" in the 2nd, 3rd and 4th frames to get off to a great start. Joe "Strikes" (4 spares, 2 strikes) added a 153 and Mike "Trips" had a 123. Don "Dynamite" (2 spares, 3 strikes) led the Pack with a 140 while Ethan "Bulldog" Crabtree added a 128. The Wolf Pack finally earned a point as they took game three by the score of 587 to 570. A solid team effort led to the win as Nick "The Traveler" (4 spares, 2 strikes) had a team high 144, Don "Dynamite" (3 spares, 2 strikes) added a 139 and Ethan "Bulldog" Crabtree had a 107. The Pinheads grabbed the 4th point on the strength of a total pin fall of 1,773 to 1,679.

Finishing up week seven, the Masked Crusaders vaulted themselves into first place with a big 3-1 win over the Fireballers. These two teams have hooked up for some epic battles over the last few years and this night would prove to be no different. Despite a game high 181 from Walt "The Chief" Stecchi the Masked Crusaders prevailed by the score of 638 to 572. Walt had 6 spares and 3 strikes,

he missed a "Clean" game by just one frame, getting a nine in 8th frame, other than that he was near perfect. Donny Thompson added a 136 and Nick "The Hammer" Stecchi added a 112. The Crusaders got solid games across the board as Jimbo "Gotta be the shoes" Mayou had a team high 176, Tom "Turkey" Barnes had a 157 and Mike "Coach" Camire had a 156. Jimbo also missed a "Clean" game by one frame; his nadir came in the 7th frame, when he also had a nine. Jimbo had 8 spares and 1 strike as he tried to keep pace with "The Chief." The supporting cast for Jimbo was solid. Tom had 5 spares and 2 strikes and Mike had 2 spares and 4 strikes. Game two saw a reversal of fortunes as the Fireballers broke the 600 barrier with a score of 629 while the Crusaders had a 594. This time it was the son Nick "The Hammer" (3 spares, 5 strikes) who had game high honors. His score? Well he matched Dad's score Walt "The Chief" from game one with a 181. Nick and Walt both heated up around the same time, from the 6th frame on Nick went – strike, spare, strike, strike and finished the 10th with a spare! After a little bit of a slow start, Walt turned it on in the 5th as he had all his marks from that point on; 5 spares and 2 strikes. Bolstering their pin fall was Donny Thompson who had a 158. The Crusaders stayed right on their heels as they got a team high 169 from Mike "Coach" (6 spares, 2 strikes), a 152 from Tom "Turkey" (2 spares, 4 strikes) and Jimbo Mayou who added a 124. So the points stood at 1-1. The Crusaders had their sights set on moving into 1st place while the Fireballers were looking to keep pace with the 2nd place Wolf Pack. The 3rd and 4th points would decide the match and it was the Crusaders who took both home with a convincing 612 to 542 pin win. It also gave them that all important total pin fall by the score of 1,844 to 1,743 for the Fireballers. The Fireballers would not go down easily as both Nick and Walt had scores of 152. After two open frames, "The Chief" had six straight spares, just a model of consistency. Nick "The Hammer": who just over powers the pins, had 4 spares and 3 strikes. It just wasn't enough to keep up with the Crusaders who again came up with a very balanced attack led by Jimbo "Gotta be the Shoes" (5 spares, 2 strikes) who had a game high 168. Tom "Turkey" (1 spare, 5 strikes) had a solid 153 while Coach "Mike" (5 spares, 2 strikes) added a 142. With their bye week coming up in Week 8 the Crusaders moved into first place. The three points moved them ahead of the Wolf Pack, 21 to 14 in the league standings, leaving the Fireballers in 3rd place with 11.

Week eight gave the Fireballers a chance to rebound from their week seven loss to the Masked Crusaders, but they again took on a formidable opponent as they faced off against the ever improving Pinheads. The Pinheads were not about to make it an easy night for the Fireballers as they took game one by the score of 586 to 564. Joe "Strikes" Fraher again led the charge as he had a game high 175. Joe had 3 spares and 5 strikes. (We don't call him strikes for nothing!) As usual, he finished strong in the last three frames he had 2 spares and 2 strikes. The key to this win was his supporting cast. Mike "Trips" O'Brien (3 spares, 2 strikes) had a 134 and Doug "Machine Gun" Foley (2 spares, 3 strikes) added a 132. The Fireballers Nick "The Hammer" Stecchi just missed out on game high honors with a 170 score. Walt "The Chief" Stecchi had a 140. Nick opened with 8 straight marks finishing with 6 spares and 2 strikes. Walt had 3 spares and 3 strikes. In game two the Fireballers counter punched as the Pinheads cooled off, winning 542 to 492. There is certainly no quit in the Fireballers as Nick "The Hammer" (5 spares, 4 strikes)

continued his impressive night with a game high 167. Walt "The Chief" had a 121 while Donny Thompson added a 116. Now the points stood at 1-1 and the Fireballers held a slim 30 pin lead in the overall pitfall. The Pinheads stormed back to take game three, winning by just 15 pins, 533 to 518. Joe "Strikes" (5 spares, 4 strikes) again led the charge with a game high 160. Joe picked up another "Turkey" getting a strike in the 9th and two more in the tenth! Doug "Machine Gun" added a 120 and Mike "Trips" added a 108 as they just snuck by the Fireballers for the 3rd point of the night. The 4th point was decided by the calculator, as the Fireballers managed a split on the night winning the total pin fall by 1,624 to 1,611 for the Pinheads. Just a 13 pin difference. As we always like to say, EVERY PIN counts. For the 3rd game in a row Nick "The Hammer" (5 spares, 2 strikes) had the high score for his team with a 140 while Walt "The Chief" added a 124.

The Wolf Pack had hit a little bit of a rough patch as they had lost a couple of matches sandwiched around a bye week so they desperately needed some points to hold off the hard charging Fireballers and to keep up with the now 1st place Masked Crusaders. The Pack answered the challenge as they took 3 of 4 points from I Can't Believe It's Not Gutter (ICBING) in mid-May. But as the season winds down and the playoffs approach points are getting harder and harder to come by as the pesky ICBING team put up a good fight before losing the 1st match by just 17 pins, 583 to 566. The Pack was led by Nick "The Traveler" Johnson (4 spares, 2 strikes) who had a game high 142. Nick finished strong with 2 strikes and 2 spares in the last 3 frames. Don Dynamite Dwyer added a 137 (3 spares, 2 strikes) and Ethan "Bulldog" Crabtree had a 107. Jason "All the Way Jay" led ICBING with a team high 126 while John "Monsta" Cardinal added a 118 and Andrea "Easy A" Piccarelli had an 86. ICBING perked up in game two as they hit the 600 plateau, winning 602 to 555. Jason and Andrea again led the way, he had a game high 146 and she had a solid 139. Talk about comebacks, Jason had a very low score heading into the 7th frame and then boy did he turn it around. Three strikes is called a Turkey and FOUR STRIKES is called a Hambone. That's just what "All the Way Jay" did, four straight strikes to finish with a 146. Good show! The Wolf Pack needed an answer and they needed it quick. The answer was to let The Dog off the leash as Ethan "The Bulldog" (3 spares, 4 strikes) had a game high 160 as his team barked loud and proud on their way to a big victory, 620 to 551. Ethan finished strong as he had 2 spares and a strike in the 9th and 10th frames. Don "Dynamite" (1 spare, 4 strikes) had a 144 and Chuck "Alpha Dog" Williams added a 113. Jason "All The Way Jay" finished up his strong performance with another team high 146. Andrea "Easy A" added an 87 and John "Monsta" had an 82. But the big win in game three for the Wolf Pack not only secured them the 2nd point on the night it also gave them the 4th point on total pin fall as they ended up with 1,758 to 1,719 for ICBING. The matches were close, the teams gave it their all but in the end the Wolf Pack came away with three much needed points as they held onto 2nd place with just 3 weeks left in the regular season.

The next few weeks will determine the seedings for the playoffs on June 9th and who also will win the regular season title. The questions will surely be answered come playoff time and it sure looks like it's going to be an exciting finish!

HEALTHY COMMUNITY

Healing Veterans and Helping the Environment Go Hand-in-Hand

(StatePoint) What does helping the environment have to do with veterans suffering from psychological trauma brought about by their combat experience? A lot, actually.

That is because one organization, Help Heal Veterans (Heal Vets), is busy delivering thousands of arts-and-crafts therapy kits to veterans each month, and most kits are made largely from recycled materials. The kits provide an important therapeutic benefit for veterans and active-duty military recovering from wounds, injuries and the long-term psychological effects of warfare, including post-traumatic stress disorder and traumatic brain injury. Heal Vets kits include leatherwork, models, woodwork, jewelry, painting, needlecrafts, poster art, scrapbooks and more, and are created from materials that would have otherwise ended up in landfills.

Heal Vets has been doing this work for 50 years, and commitment to environmental sustainability has become an important and growing part of its mission.

"Over the last five years, we have recycled almost one million pounds of materials," says Joe McClain, retired Navy captain and CEO of Heal Vets. "By upcycling, we responsibly utilize numerous materials, mostly textiles, one of the biggest contributors to landfill waste in the US."

Indeed, since 2017, Heal Vets has worked with partner organizations to repurpose the extraordinary amounts of potential landfill waste, including:

- 300,000 pounds of leather from airplane seats. Southwest Airlines and Arise Foundation have donated leather from airplane seats since 2018. These materials are used to make wallets, footballs, and components for moccasins, such as liners and insoles.

- 55,216 pounds of tanned deer skins. The Elks, a partner since 2002, donates tanned deer skins from Elks Lodge members around the country that are used to make moccasins, wheelchair gloves, dreamcatchers, pouches and more.

- 454,500 pounds of upholstery. Since 2017, La Z Boy has donated upholstery fabric that Heal Vets uses in kits to make messenger bags, oven mitts, bowl cozies and more.

- 112,416 pounds of cabinets. Since 2019, American Woodmark has donated cabinets, which have been repurposed for wood kits to make items like boxes and birdhouses.

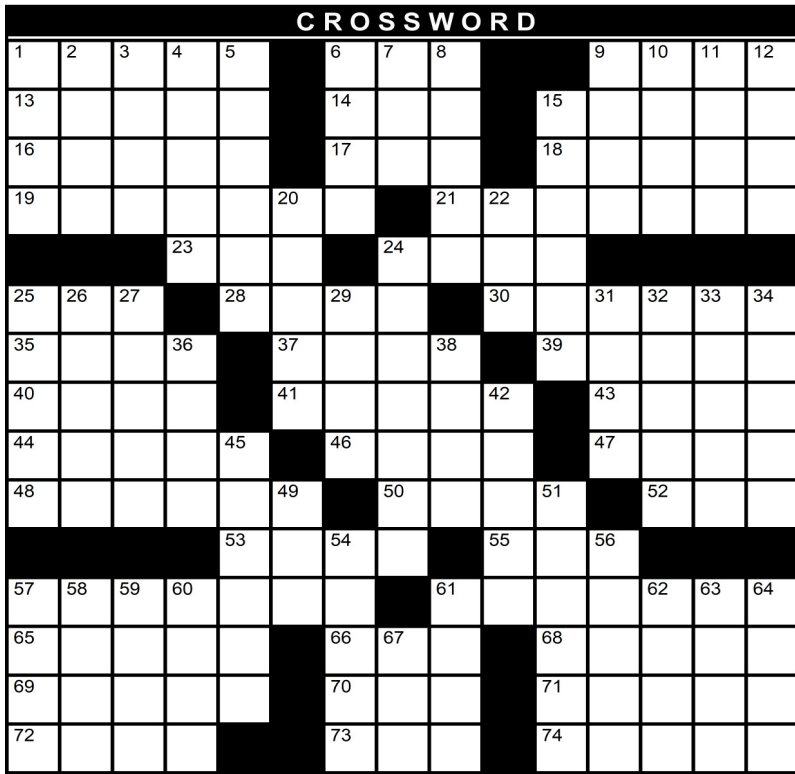
- 40,000 pounds of automobile seats. Since 2019, Magna has donated auto seats used to make purse kits.

Heal Vets is seeking new partners for its dual mission of helping veterans heal and contributing to a sustainable economy. Businesses can donate materials that reduce their



environmental impact and support the recovery of veterans who have served their country and need to recover fully from the visible and invisible wounds of war. To learn more about the power of craft therapy and the sustainability efforts of Heal Vets, visit healvets.org.

"Environmental sustainability has taken on a new meaning for us because it relates directly to our mission," says McClain. "To us, sustainability means ensuring both the long-term existence of our natural resources and the well-being of the veterans we serve."



STATEPOINT CROSSWORD

THEME: 1970s LYRICS

ACROSS

1. *Carole King: “But you’re _____ away”
6. “I Thee _____”
9. Ring practice
13. Hacienda brick
14. *Billy Joel: “I love you just the way you _____”
15. What speakers do
16. Leg of lamb
17. Styling goo
18. Spooky
19. *Rod Stewart: “Oh, Maggie, I couldn’t have tried _____”
21. *Stevie Wonder: “Very superstitious, writing’s on _____”
23. Type of constrictor
24. Can of worms
25. “*_____ Cola, what a beautiful drink”
28. Capital of Peru
30. *Carly Simon: “I had some dreams, they were _____ in my coffee”
35. Bad luck precursor
37. Swing seat, possibly
39. Macaroni shape
40. Capital on the Baltic Sea
41. Figure with vertex and rays
43. Venetian magistrate
44. Not fitting
46. Sealed with a handshake
47. Wise man

48. Annotator and commentator
50. Facts and figures
52. Bambino
53. Chinese monetary unit
55. International Labor Organization
57. *The Knack: “M M M My _____”
61. *Sister Sledge: “We are family, get up everybody _____”
65. Last European colony in China
66. Pastrami’s partner
68. Sheik’s bevy
69. Movie premiere, e.g.
70. Gunk
71. Ancient assembly area
72. Used to be wild?
73. Attila, e.g.
74. Part of mortise joint

DOWN

1. Long story
2. War god in Norse mythology
3. Same as fogey
4. J. Robert Oppenheimer’s project
5. Reorganize or modify
6. \$7.25/hour, e.g.
7. Old fashioned ‘before’
8. Nile’s mouth
9. Boatload
10. What paralegal and parachute have in common
11. Seed covering
12. Angler’s spool
15. Punch buggy car
20. Indian cuisine yogurt staple
22. Drunkard’s sound?
24. Enter uninvited (2 words)

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South Shore Elder Services Makes a Big Move

On May 3rd of 2021, South Shore Elder Services (SSES) made a big move – from our previous location at 1515 Washington Street in Braintree to our new location at 350 Granite Street in Braintree. That might not sound like a great distance, but the move was a big one in many ways.

For 43 years, SSES has served the community as the Aging Services Access Point (ASAP) and Area Agency on Aging (AAA) for Braintree, Cohasset, Hingham, Holbrook, Hull, Norwell, Milton, Quincy, Randolph, Scituate and Weymouth. In Braintree for decades, we consider it our headquarters.

Moving into 1515 Washington Street 10 years ago, we ended up outgrowing the original space, and even with expansion space, we grew to its capacity. As we could not expand, we found we were limiting our thinking. The other challenge was that during our last year and a half at 1515 Washington Street, COVID-19 and its ensuing restrictions presented huge challenges for operations as an office.

Our staff rose to the challenge, worked remotely during the majority of the heightened times of the pandemic and are able to come back together in a larger, brighter and more expansive space at 350 Washington Street, adjacent to the South Shore Plaza.

In the last few years of our tenancy at 1515 Washington Street, FoxRock, a well-known office management and

leader in the South Shore, purchased our building. We sought new space and looked at several locations, but it was continuing with FoxRock at 350 Granite Street that fit us the best.

Billy Idol said, “If your world doesn’t allow you to dream, move to one where you can.” Therefore, at SSES, we did.

After the dark days of the pandemic, and just as the light began to shine brightly at the end of the tunnel, our staff could begin once again to dream of our future and where we were going to go from here.

Post COVID-19 emergency operations, we are thinking of the future more formally and are embarking on the focus of the SSES 5 Year Plan. We are outlining our goals and our hopes for our agency’s future.

The heroes of our dark days are our staff. From our Nutrition site staff, drivers and volunteers who never missed a day of service, working courageously through uncertainty. Our Protective Services Advocates who worked diligently to reach out and offer assistance to some of our most vulnerable area residents. Our Home Care Case Managers who kept vital services going into the homes of residents who needed care and support. In addition, our subcontracted providers who supplied frontline workers who bathed, cooked for and kept the homes of residents

clean and brought groceries to their homes. Our staff assisted caregivers through uncertainty and our managers led staff through the unprecedented days with guidance and support.

We have so much to be thankful for and we have so many partners and collaborators that made service delivery, support and assistance reliable and safe throughout the COVID-19 crisis.

We moved into expanded space, grew closer to our property owner and within the first month of occupancy in our new space, we learned more about them as well. We discovered they have a FoxRock Cares arm that outreaches to charities and offers service days for their employees.

With an innovative program, FoxRock also has beehives on the roofs of 10 of their properties. In recognition to the value of bees to the food systems, FoxRock partners with Best Bees and their beehives are inhabited with Italian honeybees. These honeybees are known for being docile and make for extremely safe beekeeping.

The program aids research for New England in strengthening the bee population and doing their part for nature. For more about the bees, visit www.bestbees.com

We have many exciting goals and a bright future ahead of us at SSES, and our strength comes from our communities that we serve. Keep your eye on us, we are here for you now and in the future!

Sandra Lindsey is the Chief Executive Officer of South Shore Elder Services

How to Drive Safely with Pets

StatePoint) Pets are beloved members of many families. In the U.S alone, about 85 million families own a pet. According to the American Pet Products Association, many of us also drive with our furry friends, from quick trips to the veterinarian’s office to longer road trip adventures.

A recent national survey by Erie Insurance found that more than half of its respondents plan to take at least one road trip this year and 4% plan on traveling with pets. However, traveling with an animal can be dangerous if appropriate safety measures are not taken.

Celebrated in May, this National Pet Month is a good time to brush up on a few safety precautions:

Tips for traveling with a dog:

1. Restrain your pet. A proper restraint will protect your dog if an accident should occur. The Center for Pet Safety recommends using a quality crash-tested harness to keep your dog safe.
2. Rein in your pooch. Allowing your dog to stick their head out the window is more dangerous than it seems. It can cause road debris to get into their eyes, nose and mouth and potentially lead to serious injuries.
3. Minimize distractions. Erie Insurance found in its recent national survey that 5% of respondents are distracted by their dog when driving. To avoid disruptions, keep them in the back seat and never allow your dog to sit on your lap. Use a barrier to avoid a dog making its way to the front, and avoid feeding and playing with your dog while driving.



Tips for traveling with a cat:

1. Use a proper carrier. Cats become easily stressed when traveling. To keep them safe and comfortable, you’ll want to place them in a sturdy carrier that provides enough room for them to move around.
2. Practice safe exits. Only let your cat out of the carrier when parked. Make sure your cat is wearing a harness and leash before exiting the vehicle. Should

your cat get startled and run, a harness and leash will allow you to rein them in, keeping them out of harm’s way.

General tips for traveling with pets:

1. Never leave a pet in a hot car. Leaving any kind of pet alone in a vehicle is extremely dangerous. According to the Humane Society of the United States, a vehicle’s temperature can quickly exceed 120 degrees in warm weather, leaving your pet at risk of brain damage, heat stroke and suffocation.
 2. Be prepared in case of emergency. Should anything go wrong, plan to contact a nearby vet. Healthypet.com allows you to search by ZIP code for American Animal Hospital Association (AAHA) accredited clinics.
- Even when taking appropriate precautions, accidents still happen. An auto insurance policy can protect you financially and provide peace of mind. Some companies, including Erie Insurance, offer coverage to help with vet treatment costs if your pet is hurt in a car accident.

“We recognize that pets are a valued part of many families,” said Jon Bloom, vice president of personal auto at Erie Insurance. “This is why we believe it’s so important to include pet coverage in our auto policy.”

To protect your beloved companions and your vehicle, talk to an insurance agent or visit ErieInsurance.com.

This National Pet Month, be sure you have all the know-how needed to comfortably and safely take any length car trip with your pet.

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— Member Anna Lewis, Rockland, MA

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Questions?

Call your local representative James M. Souza, SFC, USA (Ret.) at **508.208.4781** or visit **usfamilyhealth.org**.



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